



Q: Am I ready for the
7:00 - 7:30 pm
advanced ECD
workshop?

A: If you need to be helped through certain figures or steps, this session is not for you.

You are probably ready if

- (1) you can execute all the ECD moves below, given the name alone and no further prompting and
- (2) can answer "yes" to the three self-evaluative statements below:

1. double figure of eight
2. double 1/2 figure of eight
3. Rights and Lefts with hands and without twiddles
4. mirror hey
5. open ladies' chain
6. cloverleaf turn single
7. double progression
8. triple minor progression

1. I tend to give help to my partner more than I rely on help from my partner.
2. I can dance most longways dances competently even if the caller stops prompting after the second or third round.
3. I have been doing English country dancing one or more years.